

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Kiran Project	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Waltham Forest	
Contact person: Ms Amtal Rana	Position: Director
Website: http://www.kiranproject.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1114148
When was your organisation established? 01/06/1990	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London Safer
Which of the programme outcome(s) does your application aim to achieve? BME, LGBT and disabled survivors of domestic violence accessing appropriate services which understand and meet their needs
Please describe the purpose of your funding request in one sentence. An Outreach & Advocacy Support Officer will provide culturally specific support for Asian women who are at risk of or are survivors of domestic abuse.
When will the funding be required? 01/04/2016
How much funding are you requesting? Year 1: £35,857 Year 2: £34,174 Year 3: £34,258 Total: £104,289

Aims of your organisation:

The charity's purposes as set out in the governing document are to:

- Relieve the distress and suffering of, particularly but not exclusively, Asian women, children and young people who have suffered or are exposed to domestic violence and abuse.
- Relieve, particularly but not exclusively, Asian women, children and young people who have suffered in necessitous circumstances by the provision of temporary accommodation and outreach and aftercare support.
- Educate the public in the causes and effects of domestic violence and the prevention thereof, and to undertake or contribute to research into such matters and to publish the useful results of such research.

Main activities of your organisation:

Our three main services are:

1. Crisis response. A refuge based at a secret location in the London Borough of Waltham Forest for women and their children who are fleeing domestic violence. The refuge is open 52 weeks of the year and provides emotional and practical support to help the women and their children cope with their traumatic experiences. The refuge caters to the cultural needs of the women and children such as their language, religion and food.
2. Resettlement. Kiran supports women and children to rebuild their lives by providing emotional support, advice and information on housing, benefits, schools, training, education and employment, and advocacy and representation.
3. Prevention and community outreach. Kiran works closely and proactively with the local community to raise awareness of the issue of domestic violence, forced marriages, honour based violence and FGM, and to help prevent women finding themselves in emergency situations. These include advice surgeries, school partnerships, parenting courses, and training for professionals.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	1	6	3

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	annually reviewed

Summary of grant request

Need for the project:

Asian women can find it particularly hard to leave an abusive relationship. Not viewed as equal to their husbands they might endure living with a violent or psychologically abusive husband for many years. Perpetrators can also be members of extended families or even their own children. Fear of dishonour, shame, being rejected by their community and more severe retribution are all reasons why Asian women tend to endure the ordeal of an abusive relationship. Many of the women we work with were forced into marriage, are completely dependent on their husbands for financial security, don't have employment skills, and don't speak English.

These women need to be able to access services that understand the highly sensitive, culturally specific issues that they face and to be able to communicate in their own language.

Kiran provides the only refuge for Asian women of all ages, and their children in Waltham Forest and neighbouring boroughs.

Waltham Forest is one of the most diverse areas in the country with 62% of the population from minority ethnic backgrounds. 21% are Asian. Waltham Forest has the second largest community of Jhelumis (from an area in Pakistan) in the UK. They are a male dominated community, women don't have a voice and they have a tradition of forced marriages.

Waltham Forest has one of the highest rates of reported domestic violence in London. Nationally, domestic violence accounts for approximately 29% of violent crime. In Waltham Forest that proportion is 41%.

How the work will be delivered:

Kiran will employ one full-time Outreach & Advocacy Support Officer to support Asian women who are survivors of domestic abuse to resettle in Waltham Forest, Redbridge, Barking & Dagenham and Tower Hamlets. The post will provide one to one emotional and practical support to help the women and their children to rebuild their lives. Through advice surgeries, support groups, training and events, women will develop their skills and confidence.

What the project will aim to achieve:

This work will ensure that more Asian women will be able to access culturally sensitive and appropriate support to help them deal with the trauma of domestic violence, settle into new homes and communities, manage their legal status, health, benefits, finances, parenting, and aspirations for their own education and employment. The work will also support Asian women and girls at risk of domestic abuse, forced marriage, female genital mutilation (FGM) and honour based violence and help to develop strategies for keeping safe.

Kiran is the right organisation:

We have been working at a grassroots level with Asian women and their children since 1990, specialising in domestic violence, forced marriage, honour based violence and FGM.

Kiran works in partnership with local and national networks including the Multi Agency Risk Assessment Conference (MARAC), Safeguarding Children's Board, Reducing Victimisation Project Board, NHS, Imkaan, Women's Aid Federation and the Forced Marriage Unit.

Meeting City Bridge Trust guidelines:

The work will provide specialist support that meets the specific cultural, traditional, religious, and language needs of mostly Asian women survivors of domestic abuse and will improve their health and wellbeing.

Meeting the Trust's Principles of Good Practice

Our trustees and staff are all Asian women. One member of our staff was a victim of domestic violence; another originally started as a volunteer. Service users are able to join the Management Committee. Staff and volunteers are all bilingual and can speak Urdu, Hindi, Punjabi, Somali, Arabic, and Farsi. Most of our volunteers are previous beneficiaries and are provided with training, supervision and expenses.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We have been accredited by the London Borough of Waltham Forest for our refuge service. We are in the process of renewing our Matrix accreditation. We are also Ofsted registered.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

One to one practical and emotional support -

- **listen and support**
- **provide advice and information on e.g. housing, benefits, finance, legal status, safety planning**
- **attend appointments with women e.g. housing, GP, health visitor, school, job centre**
- **introduce women to the area by showing them around**

Drop in advice surgeries:

- **delivered weekly in Waltham Forest, Redbridge and Barking & Dagenham**
- **one to one advice sessions that will cover all domestic violence related issues such as safety planning, housing, injunctions, legal orders, debt, parenting advice, child protection, emotional and physical health.**

Support groups:

- **informal topic based support groups or coffee mornings delivered weekly**
- **often lead by a speaker on e.g. women's health**
- **enable women to discuss related issues of concern, e.g. honour based violence, FGM**

Training courses and life skills courses:

- **delivered according to what the women say they need the most, the most popular requests are for English lessons, budgeting skills, CV writing, interview skills**
- **support women to further their studies and apply for voluntary or paid positions in local businesses**

Outreach events:

- **quarterly community based events**
- **based on topics relevant to Asian women e.g. Health Awareness where health practitioners can raise awareness of health issues and provide opportunities to discuss their concerns**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Women are settled into local community - 99% of women are resettled into Waltham Forest and surrounding boroughs.

Women feel more confident & independent - 95% of women feel confident to manage their own lives e.g. attending appointments on their own, liaising with their children's school, have a safety plan in place

Women have improved skills - 90% of women who attend training courses have new skills (e.g. IT skills, improved English) and

90% of women who attend life skills course have new skills and confidence

Women have improved physical health and wellbeing - 99% of women have improved physical health and wellbeing e.g. attend regular screening or checkups, have increased knowledge of health issues, are more aware of healthy eating.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, this is an essential post to support women and their children. We will look for further funding for the post one year before an existing grant comes to an end. Kiran is also interested in developing earned income from providing training for other professionals, organisations and local community groups.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

250

In which Greater London borough(s) or areas of London will your beneficiaries live?

Waltham Forest (65%)

Redbridge (15%)

Barking & Dagenham (15%)

Tower Hamlets (5%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Outreach & Advocacy Support Officer (NI 13.8% & pension 1% Yr 1)	28,185	28,950	29,240	86,375
Recruitment	2,500	0	0	2,500
Training & Development	500	505	253	1,258
Travel & expenses	812	820	828	2,460
Advertising & publicity	540	545	551	1,636
Mobile telephone & office costs	2,400	2,424	2,448	7,272
Project activity costs	920	929	938	2,788
Directors time	4,647	4,693	4,740	14,080
Contribution to overheads at 10% of project costs	4,050	3,887	3,900	11,837

TOTAL:	44,554	42,754	42,898	130,206
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
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Activity costs	920	929	938	2,788
Recruitment	2,500	0	0	2,500
	0	0	0	0
	0	0	0	0

TOTAL:	35,857	34,174	34,258	104,289
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	75,566
Activities for generating funds	0
Investment income	361
Income from charitable activities	166,693
Other sources	0
Total Income:	242,620

Expenditure:	£
Charitable activities	282,281
Governance costs	5,009
Cost of generating funds	0
Other	0
Total Expenditure:	287,290
Net (deficit)/surplus:	(44,670)
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	(44,670)

Asset position at year end	£
Fixed assets	3
Investments	0
Net current assets	141,041
Long-term liabilities	0
*Total Assets (A):	141,044

Reserves at year end	£
Endowment funds	11,256
Restricted funds	0
Unrestricted funds	129,788
*Total Reserves (B):	141,044

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61 - 70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	89,753	89,753	89,753
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund Reaching Communities	0	53,450	67,876
Big Lottery Young Peoples Fund 2	147,449	137,400	0
BBC Children in Need	27,744	28,573	0
Help a Capital Child	4,999	3,144	2,565
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Amtal Rana**

Role within **Director**
Organisation: